

# Green Mountain Trail

A slack pack trail with a food and wine experience to match

2010 is the time to walk the Green Mountain Trail - a four day overnight trail around the Groenlandberg, eighty kilometres from Cape Town International. Through fynbos & vineyards; across game camps & through forests; follow leopard & ox wagon tracks. All the time accompanied by a walking stick made from alien wood cleared as part of a greater conservation effort.

The 2010 floral diversity in the fynbos is spectacular due to the new growth post the January fires.

Stay in four star accommodation at Wildekrans Country House and Porcupine Hills, slack pack while your baggage moves via wheels, eat well and taste the wines of Oak Valley, Paul Cluver, Witklip and Beaumont en route.

The 2010 rate is R1 110 per night per person sharing for a four night, four day guided walking trail. All meals, accommodation (four star graded) and wine tastings are included. Our single supplement is R230 per person per day. We accommodate up to ten walkers per group. If there are less than six the price per person is a bit higher.

Set 2010 departure dates are 6 or 13 September, 4 or 11 October and 8 or 15 November. If these dates do not suit or if you have your own group of six to ten, other dates can be explored.

Should you have particular interest points, fitness levels or food preferences we will gladly accommodate these.

Green Mountain Trail guide Gerald McCann urges hikers to walk this spring into summer: *"Much of the Green Mountain was burnt by devastating summer fires, but spring is a time for floral rejoicing after the pain of the flames. With newly burnt upper slopes and old vegetation below, the route provides some fascinating contrasts. Hikers may expect to see orange and pink Watsonias in bloom, blue Aristeeas, Yellow Wachendorfia and the delectable pink of red-lipped 'Pained Ladies' – members of the Gladiola family. A lush green basin below towering cliffs in Eagle's Kloof provides a touch of the Garden of Eden. Newly-sprouted specimens of the unusual 'Pineapple Plant' will also be glimpsed. The final section passes through relatively young fynbos, rich with colourful Everlastings and yellow Leucadendrons, adding a colourful end to a trail rich in diversity. "*

To book call **083 284 6226**

[www.greenmountaintrail.co.za](http://www.greenmountaintrail.co.za)